



Photo: Dave Conner



The self-proclaimed Capital of the Highlands,' Inverness, is Britain's northernmost city and is surrounded by some of the world's most breath-taking mountain and moor land scenery. It is straddling the River Ness, just a stone's throw from Loch Ness, home of the legendary Monster, and houses some outstanding historic buildings. Inverness offers easy access to a huge choice of outdoor activities and visitor attractions, from lochs and castles to battlefields and nature reserves.

Photo: Dave Conner



Photo: Alberto Garcia



Photo: Ewan Munro

New App Out Now



Get this guide and 500 more in Arrival Guide's new free app





Top 5

Inverness Castle Garrison Encounter

The red sandstone battlements of Inverness Castle, built during the 1830's, dominate the town and the River Ness. The Castle i...

Castle Gallery

This gallery is located next to the Inverness Castle. Castle Gallery displays works by local and visiting painters, printmaker...

Culloden Moor Visitor Centre

Culloden Moor Visitor Centre is situated on the very site of the last battle to be fought on British soil. The Visitor Centre ...

Loch Ness

Cruises on the spooky loch in search of the elusive monster are offered by several companies based around Inverness. Jacobite ...

Nessieland

Nessieland is a lot of fun for small children as well as parents and love birds. You can learn more about the wider significan...





THE CITY



Photo: Dave Conner

One of the fastest-growing cities in Europe, Inverness is at its liveliest in summer, when it bustles with visitors from all over the world. They are attracted by the stunning landscape of the northwest Highlands, the legend of the Loch Ness Monster, or the doomed romance of Bonnie Prince Charlie and the Jacobite Cause.

Although it was founded in medieval times, most of the city's most important buildings date from the 18th and 19th centuries. Landmark buildings include the bulky Inverness Castle, which was erected in 1835 on the site of a much smaller medieval stronghold, and the Old High Church, overlooking the River Ness on St Michael's Mount.

Inverness is attractively landscaped with numerous carefully laid-out parks and gardens, including the tropical glasshouses of the Bught Floral Hall, where palms and other warm-climate plants make a striking contrast to the often snow-capped mountains on the northern horizon.

ArrivalGuides goes ArrivalTV!



Get inspired and watch unique destination videos straight from our destination partners

www.youtube.com/Arrivalguides www.dailymotion.com/ArrivalTV





DO & SEE



Photo: Alberto Garcia

Inverness is surrounded by wide open spaces that are ideal for outdoor activities. Here you can try everything from climbing, hill-walking and canoeing to sailing and even scuba diving on the Moray Firth, the long inlet of the North Sea on which the city stands.

Inverness Castle Garrison Encounter

The red sandstone battlements of Inverness Castle, built during the 1830's, dominate the town and the River Ness. The Castle is the backdrop for the Castle Garrison Encounter, a re-enactment of life as an 18th century redcoat' soldier.

Address: Castle Hill, Inverness Phone: +44 1463 243 363

Castle Gallery

This gallery is located next to the Inverness Castle. Castle Gallery displays works by local and visiting painters, printmakers, silversmiths, sculptors and ceramicists.

Address: 43 Castle Street, Inverness Opening hours: Mon-Sat 9am-5pm Phone: +44 1463 729512 Internet: www.castlegallery.co.uk

Culloden Moor Visitor Centre

Culloden Moor Visitor Centre is situated on the very site of the last battle to be fought on British soil. The Visitor Centre displays the clothing and weapons of the Highland clansmen and the Hanoverian redcoats who defeated Prince Charles Edward Stuart's rebels here in April 1746. Address: Culloden Moor, Inverness

Loch Ness

Cruises on the spooky loch in search of the elusive monster are offered by several companies based around Inverness. Jacobite Cruises offers several itineraries.

Address: Tomnahurich Bridge, Glenurquhart Road, Inverness

Phone: +44 1463 233999 Internet: www.jacobite.co.uk More Info: Near Inverness

Nessieland

Nessieland is a lot of fun for small children as well as parents and love birds. You can learn more about the wider significance and impact of the loch, both historically and geologically.

Address: Drumnadrochit, Inverness Phone: +44 1456 450342 Internet: www.nessieland.co.uk

Dolphin and Seal Centre

Inverness stands on the Moray Firth, which has one of the largest populations of bottlenose dolphins in British waters. Here you can also find harbour porpoises and seals.

Address: North Kessock, Inverness Phone: +44 1343 820 339 Internet: www.wdcs.org

Urquhart Castle

Urquhart Castle is one of Scotland's most spectacular medieval ruins. Enjoy the tumbledown walls and the tower of Loch Ness standing on a promontory jutting into the loch.

Address: Drumnadrochit, Inverness Internet: www.urquhart-castle.co.uk

Fort George

Fort George was built in 1769. This impregnable fortress is still the home of one of Scotland's kilted battalions and houses the Regimental Museum of the Queen's Own



Highlanders.

Address: North and Grampian, Inverness

Opening hours: Opening hours vary depending on the season

Phone: +44 1667 460 232 Internet: www.historic-scotland.gov.uk

More Info: 11 miles (19 km) north east of Inverness off A96 road.

DINING



Photo: Ewan Munro

Scotland has a wide array of traditional dishes and there are a few specialties that you should take the opportunity to try out. Haggis is boiled and minced offal from sheep, mixed with beef suet and oatmeal. The Aberdeen-Angus beef cattle make for rich and tasty meat, which makes excellent steaks. Last but not least you should try the Black Bun, a dark fruit cake made with raisins, currants, chopped peel and almonds, brown sugar, cinnamon and ginger.

Abstract

The classiest and most expensive restaurant in Inverness is part of a classy boutique hotel and highly recommended by its guests. The menu at Abstract is modern French and includes a gastronomic tasting menu.

Address: 20 Ness Bank, Inverness Opening hours: Tue-Sat 6pm-10pm Phone: +44 146 322 3777

Internet: www.abstractrestaurant.com More Info: Glenmoriston Hotel

Mustard Seed

Mustard Seed is a former church that has been converted

into a stylish restaurant. Here you can choose tasty dishes from a menu inspired by the imaginative, modern Italian cuisine.

Address: 16 Fraser Street, Inverness

Phone: +44 1463 220220

Internet: www.mustardseedrestaurant.co.uk

Chez Roux Restaurant

Excellent, imaginative dishes with local ingredients are what to expect at Chez Roux Restaurant. In a quiet and elegant atmosphere you can enjoy Scottish dishes with a French twist.

Address: Culduthel Road, Inverness

Phone: +44 146 324 0089

Internet: www.rocpool.com

More Info: Located at the Rocpool Reserve Hotel

Riva

At Riva you can enjoy reasonably priced traditional Italian cooking, mingled with some more adventurous Italian-influenced dishes. The restaurant is pleasantly decorated with great views across the river to the Castle.

Address: 4-6 Ness Walk, Inverness

Phone: +44 146 323 7377

Internet: www.rivarestaurant.co.uk

Castle Restaurant

Serving traditional Scottish café-restaurant food, the Castle Restaurant is a legend in its own lunchtime. This place has been serving the cheapest stick-to-the-ribs meals in Inverness for more than 40 years.

Address: 41 Castle Street, Inverness

Phone: +44 146 323 0295



CAFES



Photo: Shadowgate

There are attractive riverside walks along the Ness, which is dotted with small islands. This beautiful city is perfect for stopping by at a café for something warm or cold to drink.

River Café

This attractive café-restaurant is located on the bank of the River Ness. River Café serves well-priced classic Scottish cooking at lunchtime and in the evening, as well as filling Scottish breakfasts, cakes and snacks.

Address: 10 Bank Street, Inverness Phone: +44 146 371 4884

Internet: www.rivercafeandrestaurant.com Email: riversiderestaurant@hotmail.co.uk

Delices De Bretagne

Delices De Bretagne is a French-style patisserie and brasserie that is open all day. Here you can choose between crêpes, cakes and croissants as well as an array of snacks and light meals.

Address: 4-6 Stephens Brae, Inverness

Phone: +44 146 371 2422

Leakey's

This affordable and friendly café-restaurant serves cheap light meals, soups and sandwiches. Enjoy a meal in this former church with mezzanine floor, which is now a huge second-hand bookshop.

Address: Church Street, Inverness

Phone: +44 1463 239947

Café 1

This café-restaurant serves great brasserie food at affordable prices. The menu includes dishes like fishcakes, pâté and Thai curry. There are well-spiced set lunch and dinner menus on offer.

Address: 75 Castle Street, Inverness

Opening hours: Mon-Fri 12pm-2.30pm and 5pm-9.30pm. Sat

12pm-2.30pm and 6pm-9.30pm Phone: +44 146 322 6200 Internet: www.cafe1.net

The Rendezvous Cafe

The Rendezvous Cafe is a popular place for a well cooked and reasonably priced breakfast. The ingredients are fresh and delicious and a favourite is the scrambled eggs with salmon.

Address: 14 Church Street Phone: +44 01463 718444

BARS & NIGHTLIFE



Photo: kyezitri

Inverness does not have a pub portfolio to compare with Scotland's larger cities, but you can still find a handful of good drinking places here, modern as well as traditional. Despite its small size, Inverness punches above its weight when it comes to nightlife. There are plenty of pubs, clubs and music venues offering everything from traditional ceilidhs with fiddle music and country dancing to the latest DJ's and blockbuster movies. The city's main venue for highbrow theatre, music and art-house films is the Eden



Court Theatre.



ola.zetterlof@arrivalguides.com

The Ironworks

If you enjoy live music, The ironworks is the right place to go. Here you can enjoy music, events and conferences, for companies, right in the heart of the city.

Address: 122b Academy Street, Inverness

Phone: +44 871 7894173 Internet: www.ironworksvenue.com

Miami Nightclub

Miami Nightclub could be one of the most popular venues in Inverness. Here you can dance until morning. Expect a real party that goes on all night long when coming here.

Address: 39 High Street, Inverness Phone: +44 146 3232 602 Internet: www.miaminightclub.co.uk

Hootananny

Here you can find three venues in one. The Ceilidh Bar hosts Scottish bands such as the now legendary Shooglenifty, the Sofa Bar plays up to date rock and pop and the Bothy is the venue for stand-up comedy laughs. If you are hungry this place serves good Thai-influenced bar food and a range of local real ales.

Address: 67 Church Street, Inverness

Phone: +44 146 323 3651 Internet: www.hootananny.co.uk

Play Inverness

This is Inverness's only twin scene nightclub. Play

Inverness is open four nights a week from Thursday to Sunday. This is the place to be for a fantastic party night out.

Address: 9-21 Castle Street, Inverness

Phone: +44 146 3233 322 Internet: www.playinverness.com

Bar One

Bar One is a cocktail and wine bar created to provide the perfect venue for you and your friends with a warm atmosphere. The menu holds a varied wine selection as well as tasty cocktails.

Address: 1 Academy Street, Inverness

Opening hours: Mon-Fri 11am-1am. Sat 11am-12.30am. Sun 12pm-12am

Phone: +44 1463 714 471 Internet: www.invernessbarone.com

SHOPPING



Photo: Scott

Inverness is the shopping hub of the Highland region, with plenty of modern shops to meet every day needs. It has more than its fair share of souvenir, gift and handicraft shops and an adequate choice of more imaginative, high-quality retail outlets. For essentials, the recently extended Eastgate Shopping Centre houses most of the best-known store brands and the attractively refurbished Victorian Arcade, which has an assortment of smaller shops including a number of antique and arts and crafts outlets.

Leakey's

Housed in the former Greyfriars Church Hall, Leakey's is a



bibliophile's dream come true. Here you can find shelf after shelf of second hand books on every topic under the sun, including Highland history, wildlife, mythology and much more.

Address: Church Street, Inverness Phone: +44 146 323 9947

ACCOMMODATIONS



Photo: Shadowgate

Within 15-30 minutes by car from the city centre lie some of Scotland's most evocative visitor attractions.

Attractions include the picturesque ruins of Urquhart Castle on the shores of Loch Ness, the grim military stronghold of Fort George, and the tragic battlefield of Culloden Moor, where Bonnie Prince Charlie's Jacobites made their last stand in 1746. Whether you choose to stay in the city our outside you will always be near these amazing attractions.

The Glenmoriston Town House Hotel

The Glenmoriston Town House Hotel is a great hotel located in the city centre. The hotel offers comfortable and very stylish rooms, an ideal location and superb food at the hotel restaurant.

Address: 20 Ness Bank, Inverness Phone: +44 146 322 3777

Internet: www.glenmoristontownhouse.com

Culloden House

This hotel offers huge rooms, historic ambience and gracious living in a grand Georgian mansion surrounded

by lawns and gardens. The most expensive suites at the Culloden House are just magnificent.

Address: Culloden House, Inverness

Phone: +44 146 379 0461 Internet: www.cullodenhouse.co.uk

Glen Mhor Hotel

The Glen Mhor Hotel is a traditional hotel that overlooks the River Ness. It is ideally located in the town centre and offers affordable grandeur, a handy city centre location and two restaurants.

Address: 8-15 Ness Bank, Inverness

Phone: +44 146 323 4308 Internet: www.glen-mhor.com

Best Western Inverness Palace Hotel & Spa

Best Western Inverness Palace Hotel & Spa is a comfortable, medium-sized and reasonably priced hotel. Here you can find modern facilities in a beautiful, traditional setting.

Address: 8 Ness Walk, Inverness Phone: +44 146 322 3243 Internet: www.miltonhotels.com

Ness Bank House

This is a family-run, non-smoking accommodation in an elegant Georgian townhouse beside the River Ness. Ness Bank House can be found within easy reach of the city centre and its attractions.

Address: 7 Ness Bank, Inverness Phone: +44 146 323 2939

Internet: www.nessbankguesthouse.co.uk

Moray Park Guest House

The Moray Park Guest House is a small and friendly hotel that offers seven rooms. In the cosy bar you have a good choice of malt whiskies and wines and if you are hungry you can have a good meal at the restaurant.

Address: 1 Moray Park, Island Bank Road, Inverness

Phone: +44 146 323 3528



Internet: www.moraypark.com

EVENTS



Events from Nickes.Com

Rhythmnreel Hogmanay Bash — Concert/Theathre

Date: 31/12/2014

Address: The Ironworks, Inverness Internet: http://www.nickes.com/en/EventInfo.aspx?eventid=735191

Dimension — Concert/Theathre

Date: 30/08/2014

Address: The Ironworks, Inverness Internet: http://www.nickes.com/en/EventInfo.aspx?eventid=747161

T.Rextasy — Concert/Theathre

Date: 08/11/2014

Address: The Ironworks, Inverness
Internet: http://www.nickes.com/en/EventInfo.aspx?eventid=747701

ESSENTIAL INFORMATION



Photo: Dave Conner



Inverness Airport

Inverness Airport is located at Dalcross about 14,5 kilometres east of the city centre. Shuttle buses operate from the city centre and railway station during the day. Running times for the shuttle buses are available from the airport information desk, on the telephone or the website, where you also find information on how to get between the airport and Inverness CBD.

Stagecoach operates buses between the city centre and the airport. The buses leave up to every 30 minutes. www.stagecoachbus.com

You can also reach the city by taxi. Inverness Taxis +44 1463 222222 www.inverness-taxis.co.uk

Address: Inverness Airport, Inverness



Phone: +44 1667 464000 Internet: www.hial.co.uk

Public transport

City buses are operated by Stagecoach Inverness. Single tickets range from 60p-£18.30. A seven-day Megarider ticket, which allows travel anywhere on the city network, starts at £10.

The railway station is located at Academy Street. www.nationalrail.co.uk

Phone: +44 1463 233371 Internet: www.stagecoachbus.com More Info: Prices updated December 2013

Taxi

Taxis may be flagged down on the street, at taxi ranks (railway station and city centre bus terminus) or booked by telephone.

City Taxis Inverness +44 1463 222555 www.citytaxisinverness.co.uk

Inverness Taxis:

Phone: +44 1463 222222 Internet: www.inverness-taxis.com

Post

Stamps are sold by many news agents and at post offices.

Post Office:

Address: 14-16 Queensgate, Inverness

Opening hours: Mon-Sat 9am-5.30pm. Open at 9.30am on Tuesdays

Phone: +44 146 325 6211

Internet: www.royalmail.com / www.postoffice.co.uk

Pharmacy

You can easily find a pharmacy in Inverness. Boots has both pharmacy service and other hygiene products. Superdrug has also a good selection of hygiene products. Address: 1-11 Eastgate Shopping Ctr, Inverness

Opening hours: Mon-Wed 8.30am-6pm. Thu 8.30-7pm. Fri-Sat

8.30am-6pm. Sun 11am-5pm Phone: +44 146 3225 167

Internet: www.boots.com / www.superdrug.com

Telephone

Country code: +44

Area code: 01463

Electricity

240V. Plugs are square, three-pin.

Population

Approximately 72,000

Pound Sterling (GBP) £1 = 100 pence

Opening hours

Shops are normally open Mon-Sat-from 9am-5pm, but many newer shops and supermarkets stay open until 8pm or later. Most large supermarkets are also open on Sundays.

Newspapers

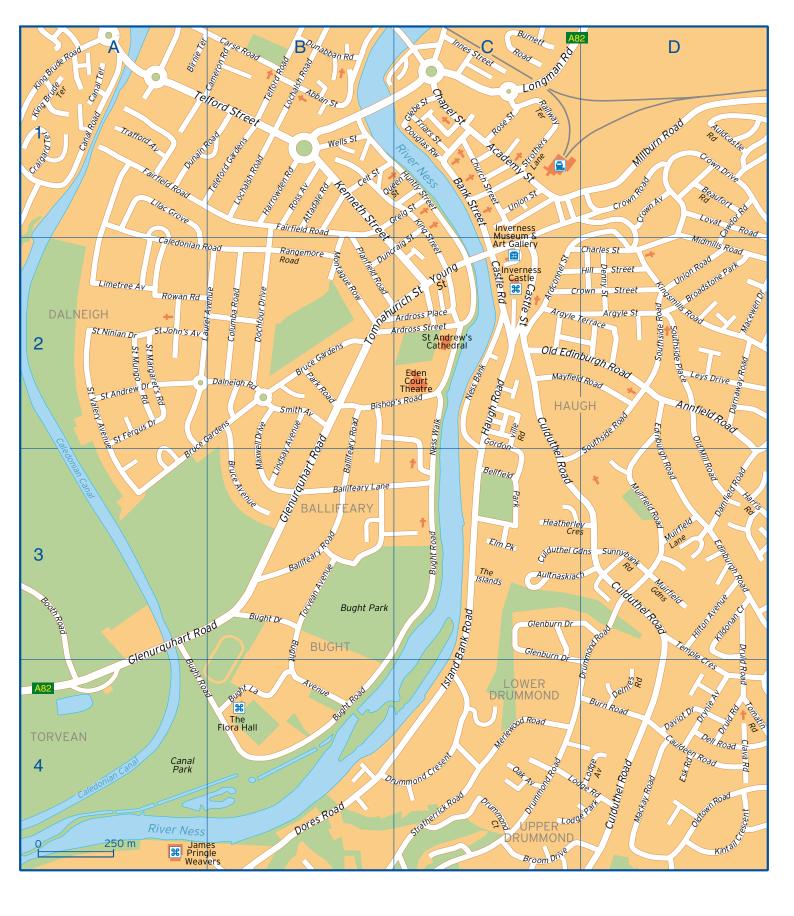
Inverness Courier

Emergency numbers

Emergency: 999 Police: 101

Tourist information

Inverness Information centre Castle Wynd/Bridge Street, Inverness Open all year +44 146 3252 401 info@visitscotland.com





Abban Street	B1	Culduthel Gardens	C3 D3	Limetree Avenue	A2
Academy Street	C1	Culduthel Road	C2 C3 D3 D4	Lindsay Avenue	B2 B3
Annfield Road	D2	Dalneigh Road	B2	Lochalsh Road	B1
Ardconnel Street	C2	Damfield Road	D3	Lodge Avenue	D4
Ardross Place	C2	Darnaway Road	D2	Lodge Park	C4 D4
Ardross Street	B2 C2	Daviot Drive	D4	Lodge Road	C4 D4
Argyle Street	D2	Dell Road	D4	Longman Road	C1
Argyle Terrace	C2 D2	Delnies Road	D4	Lovat Road	D1
Attadale Road	B1	Denny Street	D2	Macewen Drive	D2
Auldcastle Road	D1	Dochfour Drive	B2	Mackay Road	D4
Aultnaskiach	C3 D3	Dores Road	B4	Maxwell Drive	B2 B3
Ballifeary Lane	В3	Douglas Row	C1	Mayfield Road	C2 D2
Ballifeary Road	B2 B3	Druid Road	D3 D4	Merlewood Road	C4
Bank Street	C1	Drummond Court	C4	Midmills Road	D2
Beaufort Road	D1	Drummond Cresent	B4 C4	Millburn Road	D1
Bellfield Park	C3	Drummond Road	C4 D3 D4	Montague Row	B2
Birnie Terrace	A1	Drynie Avenue	D4	Muirfield Gardens	D3
Bishop's Road	B2 C2	Dunabban Road	B1	Muirfield Lane	D3
Booth Road	АЗ	Dunain Road	A1 B1	Muirfield Road	D3
Broadstone Park	D2	Duncraig Street	B2 C2	Ness Bank	C2
Broom Drive	C4	Edinburgh Road	D2 D3	Ness Walk	C2 C3
Bruce Avenue	В3	Elm Park	C3	Oak Avenue	C4
Bruce Gardens	A3 B2	Esk Road	D4	Old Edinburgh Road	C2 D2
Bught Avenue	B3 B4	Fairfield Road	A1 B1	Old Mill Road	D2 D3
Bught Drive	В3	Friars Street	C1	Oldtown Road	D4
Bught Lane	B4	Glebe Street	C1	Park Road	B2
Bught Road	A4 B4 C3	Glenburn Drive	C3 C4	Planfield Road	B2
Burn Road	D4	Glenurquhart Road	A4 B2 B3	Queen Street	B1 C1
Burnett Road	C1	Gordonville Road	C2 C3	Railway Terrace	C1
Caledonian Road	A2 B2	Greig Street	B1 C1	Rangemore Road	B2
Cameron Road	B1	Harris Road	D3	Rose Street	C1
Canal Road	A1	Harrowden Road	B1	Ross Avenue	B1
Canal Terrace	A1	Haugh Road	C2	Rowan Road	A2
Carse Road	B1	Heatherley Cresent	C3 D3	Smith Avenue	B2
Castle Road	C2	Hill Street	D2	Southside Place	D2
Castle Street	C2	Hilton Avenue	D3	Southside Road	D2 D3
Cauldeen Road	D4	Huntly Street	C1	St Andrew Drive	A2
Cawdor Road	D1 D2	Innes Street	C1	St Fergus Drive	A2
Celt Street	B1	Island Bank Road	C3 C4	St John's Avenue	A2
Chapel Street	C1	Kenneth Street	B1 B2	St Margaret's Road	A2
Charles Street	D2	Kildonan Cresent	D3	St Mungo Road	A2
Church Street	C1	King Brude Road	A1	St Ninian Drive	A2
Clava Road	D4	King Brude Terrace	A1	St Valery Avenue	A2 A3
Columba Road	B2	King Street	C1 C2	Stratherrick Road	C4
Craigard Terrace	A1	Kingsmills Road	D2	Strothers Lane	C1
Crown Avenue	D1	Kintail Crescent	D4	Sunnybank Road	D3
Crown Drive	D1	Laurel Avenue	B2	Teleford Gardens	B1
Crown Road	D1	Leys Drive	D2	Telford Road	B1
Crown Street	C2 D2	Lilac Grove	A1	Telford Street	A1 B1
OLOMII OLI CCL	02 02	LHAC CHOVE	AI	TOHOTA SUCCE	AT DI



Temple Cresent	D3 D4	Torvean Avenue	B3	Union Street	C1
The Islands	C3	Trafford Avenue	A1	Wells Street	B1
Tomatin Road	D4	Union Road	D2	Young Street	C2
Tomnahurich Street	B2 C2				